

Soroptimist® International of Omaha Metro 100 Miles for 100 Years – Official Rules



We are so excited to celebrate 100 years of Soroptimist International throughout

2021! The women who founded this organization in 1921 paved a way forward for women to serve their communities when opportunities were limited to men. As we work to keep empowering women, we also want to honor those who went before us by completing a challenge in our centennial year. Whether you're a regular runner or a casual walker, this challenge is designed to empower all of us to keep moving forward!

Official Rules:

- This challenge begins on January 1, 2021 and runs through May 31, 2021.
- Participants must register at <https://siaomaha.com> and pay the \$50 USD entry fee in order to participate.
- Registration is open until February 1, 2021.
- Tracking cards must be submitted along with name, phone number, and mailing address to siohametro@soroptimist.net no later than June 5, 2021.
- Participants may walk or run to complete 100 miles throughout the challenge. Use of treadmills, elliptical machines, and other fitness equipment (other than bicycles) may be used.
- Tracking is done by each participant and is done on an honor system.
- Participants who reach 50 miles will receive a pin.
- Participants who complete 100 miles will receive a medal and gift bag at the end of the challenge.
- Peer-to-peer fundraising is encouraged. If you choose to seek sponsorships, additional prizes will be available:
 - Person with the most unique sponsors will receive \$50 USD
 - Person with the most money raised will receive \$100 USD
- Peer-to-peer fundraising will be via donations made on our website at <https://siaomaha.com>. The Special Instructions must include the participant's name in order to count for the fundraising prizes.
- Participants may choose to participate in our private Facebook Group during this challenge to connect with Soroptimist International of Omaha Metro and other participants, however it is not required.
- Refunds will not be available if you choose not to finish or are unable to finish the challenge.
- This challenge is not a competition but rather a celebration of the work accomplished by our foremothers and encouragement to the current generation to keep working!



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